

Be Kind To Yourself Chords (Key of A)

by Andrew Peterson - Andrew Peterson and Gabe Scott

<https://worshipchords.com/be-kind-to-yourself-chords/>

Intro

[with delay] D
A A2 A E D A A2 A E D

Verse 1

You've got all that emotion, that's heaving like an ocean
Bm G Gadd#4 G G6 G
And you're drowning in a deep dark well
D E
I can hear it in your voice that if you only had a choice
Bm G Gadd#4 G G6 G
You would rather be anyone else
D Esus4 E
I love you just the way that you are
F#m A D
I love the way He made your precious heart

Chorus 1

A D A A D A
Be kind to yourself, be kind to yourself

Verse 2

D E
I know it's hard to hear it when that anger in your spirit
F#m A E/G#
Is pointed like an arrow at your chest
D E
When the voices in your mind are anything but kind
F#m A
And you can't believe your Father knows best
D E
I love you just the way that you are
F#m A D
I love the way He's shaping your heart

Chorus 2

A D A D
Be kind to yourself, be kind to yourself

Bridge

F#m D
Well, how does it end when the war that you're in
A E D
Is just you against you against you?
F#m E
You've gotta learn to love, learn to love
D A
Learn to love your enemies too

Interlude

[vocal]
A D A D

Verse 3

You can't ^D expect to be perfect, it's a ^E fight you gotta forfeit
You ^{F#m} belong to Me, whatever you do, ^{E A A D} so lay down your weapon
Darling, ^E take a deep breath and believe that I ^{F#m A D} love you

Chorus 3

^A Be kind to yourself, ^{E D A E D} be kind to yourself
^{A E D} Be kind to yourself

Ending

^{A E D} Gotta learn to love, learn to love, learn to love your enemies
^{A E} Gotta learn to love, learn to love
^{D A E D A} Learn to love your enemies too