

Be Kind To Yourself Chords (Key of B)

by Andrew Peterson - Andrew Peterson and Gabe Scott

<https://worshipchords.com/be-kind-to-yourself-chords/>

Intro

[with delay] D

B B2 B F# E B B2 B F# E

Verse 1

You've got all that emotion, that's heaving like an ocean
Bm G Gadd#4 G G6 G

And you're drowning in a deep dark well

I can hear it in your voice that if you only had a choice
Bm G Gadd#4 G G6 G

You would rather be anyone else

I love you just the way that you are
E F#sus 4 F#

I love the way He made your precious heart
G#m B E

Chorus 1

Be kind to yourself, be kind to yourself
B E B B E B

Verse 2

I know it's hard to hear it when that anger in your spirit
E F#

Is pointed like an arrow at your chest
G#m B F# /A#

When the voices in your mind are anything but kind
E F#

And you can't believe your Father knows best
G#m B

I love you just the way that you are
E F#

I love the way He's shaping your heart
G#m B E

Chorus 2

Be kind to yourself, be kind to yourself
B E B E

Bridge

Well, how does it end when the war that you're in
G#m E

Is just you against you against you?
B F# E

You've gotta learn to love, learn to love
G#m F#

Learn to love your enemies too
E B

Interlude

[vocal]
B E B E

Verse 3

You can't ^E expect to be perfect, it's a ^{F#} fight you gotta forfeit
You belong to Me, whatever you do, ^{G#m} ^{F# B B} ^E so lay down your weapon
Darling, take a deep breath and believe that I love you ^{F#} ^{G#m} ^B ^E

Chorus 3

^B Be kind to yourself, ^{F# E} be kind to yourself ^B ^{F# E}
^B Be kind to yourself ^{F# E}

Ending

^B Gotta learn to love, ^{F#} learn to love, ^E learn to love your enemies ^{B F# E}
^B Gotta learn to love, ^{F#} learn to love
^E Learn to love your enemies too ^{B F# E B}