

Be Kind To Yourself Chords (Key of D)

by Andrew Peterson - Andrew Peterson and Gabe Scott

<https://worshipchords.com/be-kind-to-yourself-chords/>

Intro

[with delay] D
D D2 D A G D D2 D A G

Verse 1

You've got all that emotion, that's heaving like an ocean
Bm G A Gadd#4 G G6 G
And you're drowning in a deep dark well
G A
I can hear it in your voice that if you only had a choice
Bm G Gadd#4 G G6 G
You would rather be anyone else
G Asus4 A
I love you just the way that you are
Bm D G
I love the way He made your precious heart

Chorus 1

D G D D G D
Be kind to yourself, be kind to yourself

Verse 2

I know it's hard to hear it when that anger in your spirit
Bm D A/C#
Is pointed like an arrow at your chest
G A
When the voices in your mind are anything but kind
Bm D
And you can't believe your Father knows best
G A
I love you just the way that you are
Bm D G
I love the way He's shaping your heart

Chorus 2

D G D G
Be kind to yourself, be kind to yourself

Bridge

Bm G
Well, how does it end when the war that you're in
D A G
Is just you against you against you?
Bm A
You've gotta learn to love, learn to love
G D
Learn to love your enemies too

Interlude

[vocal]
D G D G

Verse 3

You can't ^G expect to be perfect, it's a ^A fight you gotta forfeit
You ^{Bm} belong to Me, whatever you do, ^{A D D} so lay down your weapon ^G
Darling, ^A take a deep breath and believe ^{Bm} that I love you ^{D G}

Chorus 3

^D Be kind to yourself, ^{A G} be kind to yourself ^D
^D Be kind to yourself ^{A G}

Ending

^D Gotta learn to love, ^A learn to love, ^G learn to love your enemies ^{D A G}
^D Gotta learn to love, ^A learn to love
^G Learn to love your enemies too ^{D A G D}