

Be Kind To Yourself Chords (Key of E)

by Andrew Peterson - Andrew Peterson and Gabe Scott

<https://worshipchords.com/be-kind-to-yourself-chords/>

Intro

[with delay] D
E E2 E B A E E2 E B A

Verse 1

You've got all that emotion, that's heaving like an ocean
Bm G Gadd#4 G G6 G
And you're drowning in a deep dark well
A B
I can hear it in your voice that if you only had a choice
Bm G Gadd#4 G G6 G
You would rather be anyone else
A Bsus4 B
I love you just the way that you are
C#m E A
I love the way He made your precious heart

Chorus 1

E A E E A E
Be kind to yourself, be kind to yourself

Verse 2

A B
I know it's hard to hear it when that anger in your spirit
C#m E B/D#
Is pointed like an arrow at your chest
A B
When the voices in your mind are anything but kind
C#m E
And you can't believe your Father knows best
A B
I love you just the way that you are
C#m E A
I love the way He's shaping your heart

Chorus 2

E A E A
Be kind to yourself, be kind to yourself

Bridge

C#m A
Well, how does it end when the war that you're in
E B A
Is just you against you against you?
C#m B
You've gotta learn to love, learn to love
A E
Learn to love your enemies too

Interlude

[vocal]
E A E A

Verse 3

You can't ^A expect to be perfect, it's a ^B fight you gotta forfeit
You belong to Me, whatever you do, ^{C#m} ^{B E E} so lay down your weapon ^A
Darling, take a deep breath and believe that I love you ^B ^{C#m} ^E ^A

Chorus 3

^E Be kind to yourself, ^{B A} ^E be kind to yourself ^{B A}
^E Be kind to yourself ^{B A}

Ending

^E Gotta learn to love, ^B learn to love, ^A learn to love your enemies ^{E B A}
^E Gotta learn to love, ^B learn to love
^A Learn to love your enemies too ^{E B A E}