

Be Kind To Yourself Chords (Key of F)

by Andrew Peterson - Andrew Peterson and Gabe Scott

<https://worshipchords.com/be-kind-to-yourself-chords/>

Intro

[with delay] D

F F2 F C Bb F F2 F C Bb

Verse 1

You've got all that emotion, that's heaving like an ocean
Bm G Gadd#4 G G6 G

And you're drowning in a deep dark well

I can hear it in your voice that if you only had a choice
Bm G Gadd#4 G G6 G

You would rather be anyone else

I love you just the way that you are
Bb Csus4 C

I love the way He made your precious heart
Dm F Bb

Chorus 1

Be kind to yourself, be kind to yourself
F Bb F F Bb F

Verse 2

I know it's hard to hear it when that anger in your spirit
Bb C

Is pointed like an arrow at your chest
Dm F C/E

When the voices in your mind are anything but kind
Bb C

And you can't believe your Father knows best
Dm F

I love you just the way that you are
Bb C

I love the way He's shaping your heart
Dm F Bb

Chorus 2

Be kind to yourself, be kind to yourself
F Bb F Bb

Bridge

Well, how does it end when the war that you're in
Dm Bb

Is just you against you against you?
F C Bb

You've gotta learn to love, learn to love
Dm C

Learn to love your enemies too
Bb F

Interlude

[vocal]
F Bb F Bb

Verse 3

You can't ^{Bb} expect to be perfect, it's a ^C fight you gotta forfeit
You belong to Me, whatever you do, ^{Dm} ^{C F F} so lay down your weapon ^{Bb}
Darling, take a deep breath and believe that I love you ^C ^{Dm} ^F ^{Bb}

Chorus 3

^F Be kind to yourself, ^{C Bb} be kind to yourself ^F ^{C Bb}
^F Be kind to yourself ^{C Bb}

Ending

^F Gotta learn to love, ^C learn to love, ^{Bb} learn to love your enemies ^{F C Bb}
^F Gotta learn to love, ^C learn to love
^{Bb} Learn to love your enemies too ^{F C Bb F}